

# Crisis Skylight Birmingham Spring Term

Tuesday 2 May– Friday 21 July 2017



**Together  
we will end  
homelessness**

OPEN CLASSES		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	OUR VALUES	
① Crisis Training Room	Morning	Stress Management 10:30am-12noon With Angela J	Improve Your Relationships 10:30am-12:30pm With Angela J		English Beginners / Intermediate 10:30am-12:30pm With Fehmida	Smart Skills Breakfast 9:15am-10:15am	<p><b>Inspiration</b> We can and we do change the lives of homeless people. Through this work we inspire others to help end homelessness</p> <p><b>Integrity through knowledge</b> Our integrity is grounded in our unique knowledge base, which comes from our research and years of working directly with thousands of homeless people</p> <p><b>Dignity</b> By giving people the tools to help themselves out of homelessness, we uphold their dignity. We act with compassion, a sense of common decency, and with humanity</p> <p><b>Fearlessness through independence</b> Our independence grants us not just the ability, but also the responsibility to be fearless and say what needs to be said to help homeless people</p> <p><b>Adaptability</b> We are curious, creative and adaptive, willing to change what we do when we know what works – and what does not</p> <p><b>Resolve to end homelessness</b> Be it through anger or compassion, we draw our resolve from the injustice that is homelessness in 21st century Britain</p> <p>(27/03/17)</p>	
		Relaxation 12noon-12:45pm With Angela J				Nail Art 10:30am-12:30pm With Leanne		
	Afternoon	Beginners Computers 1:00pm-3:00pm With Pete	Painting 1:00pm-3:00pm With Danielle		Skylighters 12noon-1:30pm	Wellbeing Activities 1:00pm-2:30pm With Sophie or Angela F		Maths Intermediate 2:00pm-4:00pm With Marc
		Twilight	English Intermediate 3:15pm-5:15pm With Fehmida		Sculpture and animation 3:15pm-5:15pm With Danielle and East side Projects			Inductions 1:30pm-3:00pm
	Drama with Story telling 3:15pm-5:15pm With Najma					Cinema and theatre trips Time will vary With Danielle (last 3 weeks)		ESOL 'English for speakers of other languages' 5:15pm-7:15pm With Farmin
	② Changes UK Studio	Morning						
Afternoon				Maths Beginners 2:00pm-4:00pm With Marc				
③ SIFA Fireside	Morning		Personal Development 10:00am-12:00noon			ESOL 1:15pm-3:15pm With Farmin		
	Afternoon		Gardening 1:00pm-3:00pm					
④ The Arches	Morning	CSCS 10:00am-12:00noon With Gary	Plastering and Tiling 10:00am-12:00noon With Gary		Plastering and Tiling 10:00am-12:00noon With Gary			
	Afternoon	CSCS 1:00am-3:00pm With Gary	Plastering and Tiling 1:00pm-3:00pm With Gary		Plastering and Tiling 1:00pm-3:00pm With Gary			

<b>Member Forums Crisis Training Room</b>	<b>Wednesday 26 April 12noon to 1.30pm</b>	<b>Wednesday 31 May 12noon to 1.30pm</b>	<b>Wednesday 28 June 12noon to 1.30pm</b>
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SHORT COURSES – SPRING TERM 2017			
Registration is required for all the courses below. Phone 0121 348 7950 for further information			
Dates			
03/05/2017	NHS behind the scenes day	14/06/2017	Employability workshop
10/05/2017	Employability workshop	w/c 19 <sup>th</sup> June	Ready for work interviews
w/c 15 <sup>th</sup> May	Changing lives grant workshop	w/c 26 <sup>th</sup> June	Construction behind the scenes day
w/c 22 <sup>nd</sup> May	Support work behind the scenes day	w/c 3 <sup>rd</sup> July	Self-employment workshop
w/c 29 <sup>th</sup> May	Working for a values led organisation	w/c 10 <sup>th</sup> July	BMET college visit
w/c 5 <sup>th</sup> June	Manufacturing behind the scenes day	w/c 17 <sup>th</sup> July	Hospitality behind the scenes day

<b>Individual Support</b>	1:1 Smart Skills and progression sessions are available at various venues by prior appointment with a Smart Skills Tutor or Progression Coach.
<b>Employment Support</b>	1:1 Employment Support sessions are available at various venues by prior appointment with a Work & Learning Coach.

**KEY**

Get skills	Health and Well being	Get Support	Housing
Get creative	Employment	Get Involved	