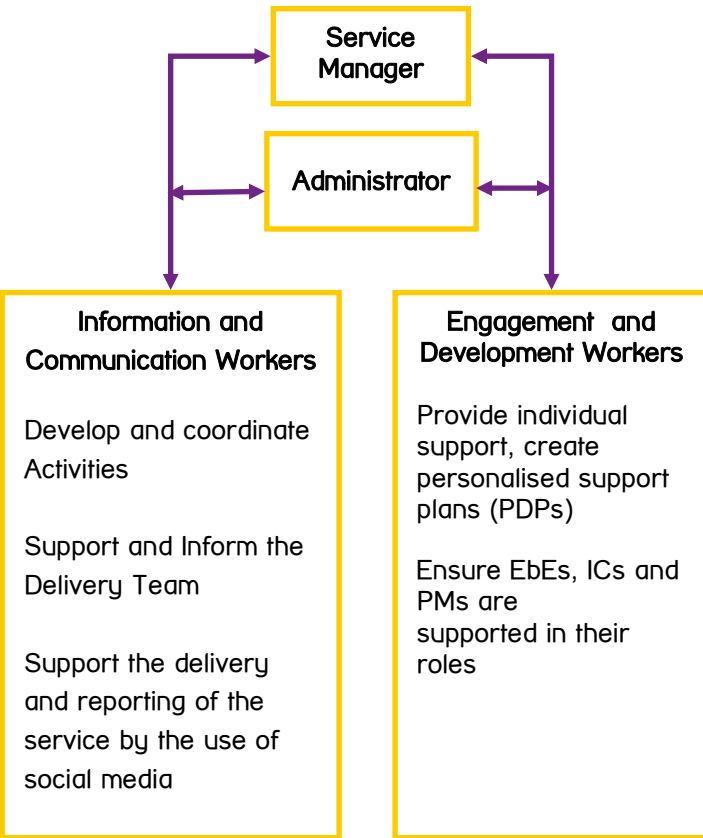


ESOW Flow Chart



Contact Information

For interest or more information, please feel free to contact us:

Post: Birmingham Mind
 Every Step of the Way
 Unit 107, The Argent Centre
 60 Frederick Street
 Birmingham B1 3HS
 Telephone: 0121 608 8001
 Email: ESOW@birminghammind.org



Or like us on Facebook:



www.facebook.com/ExpertsByExperienceBirmingham

Every Step of the Way

Providing support for people with multiple complex needs...

Homelessness,
 Addiction,
 Reoffending,
 Mental Health.

Birmingham Mind's Purpose

"We will provide high quality services which range from those that support mental wellbeing and health promotion to those offering a specialist recovery based approach. We will challenge the stigma that surrounds mental distress."

Registered Charity No. 1003906
 Company Limited by Guarantee No. 2024372

Every Step of the Way is a new service that aims to facilitate Experts by Experience to access opportunities and training. To see if you qualify for the Every Step of the way service read on....

Required commitment?

All we ask is that you are willing to participate! We do hold group meetings every 4 weeks and we would encourage you to attend as many of these as possible. You will be offered 121 time with an allocated Engagement & Development worker to work on your own goals. This process is supported by completing a personal development plan and your opportunity to actively influence service re-design and delivery.

On top of this there will be many opportunities to get involved and get your voice heard.



ESOW

Our flagship user involvement and engagement programme. This is the means by which we support, train, enable and empower people with multiple needs to participate in the Birmingham Changing Futures Together Project.

Multiple Needs

What do we mean by multiple needs?

Homelessness, Addiction, Reoffending, Mental Health.

Experts by Experience

People who are experiencing or have experienced multiple needs, with at least one being within the last 5 years. The needs identified are Mental Health, Substance Misuse, Criminal Re-offending and Homelessness.

Involvement Champions

Experts by Experience with additional role responsibilities who have committed to take on the role of getting other Experts by Experience involved.

What's in it for you?

You get an allocated Engagement & Development Worker, a development plan to reach the goals YOU set and plenty of opportunities to get involved and make a difference to local services! Expenses and training are also provided.

I'm interested, what next?

Make contact and we will invite you to an Introduction meeting where you can find out more and get involved if you think it is for you.

Peer Mentors

Will work to support the Lead Workers in their roles and will be supported by ESOW. They will have lived experienced of at least two of the multiple needs described.

Lead Workers

Individuals employed through the Lead Worker and Peer Mentor Contract who take responsibility for ensuring that people with multiple needs are able to receive services and the support they need in order to achieve a Fulfilled Life.

Information and Communication Workers

Employed Staff who develop and co-ordinate activities outlined in the Communications Plan for Every Step of the Way and will have lived experienced of at least two of the multiple needs described.