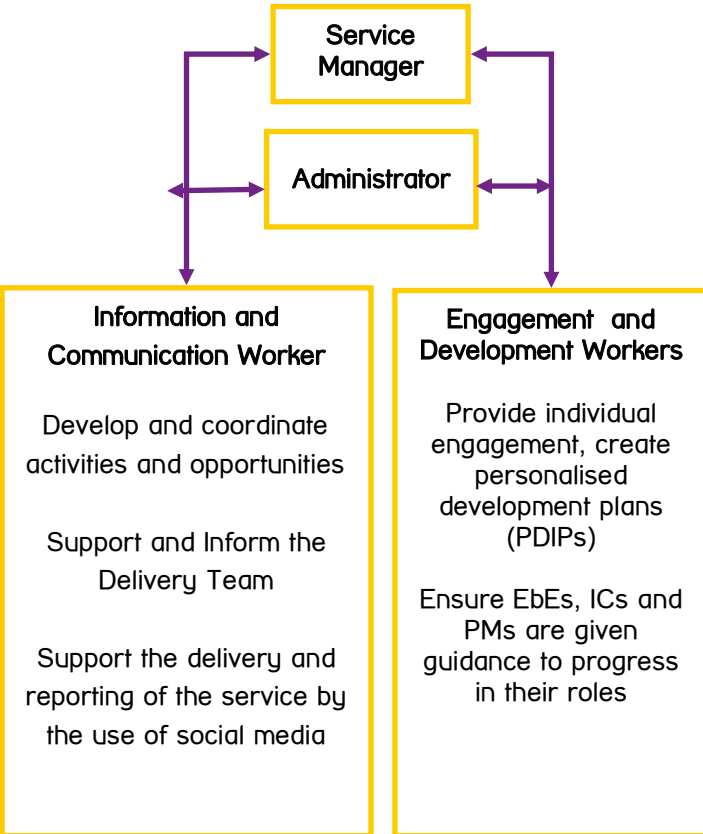


## ESOW Flow Chart



## Contact Information

For interest or more information, please feel free to contact us:

Post: Birmingham Mind  
 Every Step of the Way  
 Suite 5, Alma House  
 Newtown Shopping Centre



Aston, Birmingham B19 2SS  
 Telephone: 0121 359 1151

Email: [ESOW@birminghammind.org](mailto:ESOW@birminghammind.org)



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[www.changingfuturesbham.co.uk](http://www.changingfuturesbham.co.uk)

# Every Step of the Way

Providing development opportunities for people with multiple and complex needs...

Homelessness,  
 Addiction,  
 Reoffending,  
 Mental Health.

## Birmingham Mind's Purpose

"We will provide high quality services which range from those that support mental wellbeing and health promotion to those offering a specialist recovery based approach. We will challenge the stigma that surrounds mental distress."

Registered Charity No. 1003906

Company Limited by Guarantee No. 2024372

Every Step of the Way is a service that aims to facilitate Experts by Experience to access opportunities and training. To see if you qualify for the Every Step of the Way service read on....

## Required commitment?

All we ask is that you are willing to participate! We do hold group meetings every 4 weeks and we would encourage you to attend as many of these as possible. You will be offered 121 time with an allocated Engagement & Development worker to work on your own goals. This process is supported by completing a personal development plan and your opportunity to actively influence service re-design and delivery.

On top of this there will be many opportunities to get involved and get your voice heard.



## Birmingham Changing Futures Together — ESO

Our flagship user involvement and engagement programme. This is the means by which we guide, train, enable and empower people with multiple needs to participate in the Birmingham Changing Futures Together Programme.

### What is Multiple Needs

What do we mean by multiple needs?

Homelessness, Addiction, Reoffending, Mental Health.

### Experts by Experience

People who are experiencing or have experienced multiple needs, with at least one being within the last 5 years. The needs identified are Mental Health, Substance Misuse, Criminal Re-offending and Homelessness.

### Involvement Champions

Experts by Experience with additional role responsibilities who have committed to take on the role of getting other Experts by Experience involved.

## What's in it for you?

You get an allocated Engagement & Development Worker, a development plan to reach the goals YOU set and plenty of opportunities to get involved and make a difference to local services! Expenses and training are also provided.

## I'm interested, what next?

Make contact and we will invite you to an Introduction meeting where you can find out more and get involved if you think it is for you.

### Peer Mentors

Will work to support the Lead Workers in their roles and will be supported by Every Step Of the Way. They will have lived experienced of at least two of the multiple needs described.

### Lead Workers

Individuals employed through the Lead Worker and Peer Mentor Contract who take responsibility for ensuring that people with multiple needs are able to receive services and the support they need in order to achieve a fulfilled life.

### Information and Communication Worker

An employed staff member who develop and coordinate activities outlined in the Communications Plan for Every Step of the Way and will have lived experienced of at least two of the multiple needs described.